Do you dread being locked away in a dirty underfunded boring hospice that your family rarely visits out of shame and disgust? It seems like once a week, the news has a story about care takers abusing those in their care. There are stories of exploitation, over medication, abuse, and neglect which in extreme cases can cause death. Most often this happens in big buildings where large groups of the elderly are corralled and held captive. These elderly care centers can force their patients to take medications they don’t want, and spend their golden years living out a mundane sedated existence.

Our assisted living community is beneficial to everyone who stays here. We are helping our residents stay more active and saving them money, all while providing the extra care they need in their own homes.

In our group we noticed that everyone has someone close to them who needs help with day to day things. One thing we all agreed on is that most retirement homes don’t meet our standards and our loved ones needs. That’s when we started doing research, and realized we could create a much better community, one that we’d be happy to see our families live in. Then we talked to these people to better understand what they want and what they are going through as well as any special needs they may have. We used this knowledge to plan out and create the best assisted living community possible.

The elderly have the opportunity to maintain their independence by investing into a facility that functions just like a traditional home, but includes the added support not normally available to them without additional cost.

As we compare the various ways in which we care for the elderly it becomes clear that they are often ignored and underappreciated. But when given the chance to continue an active lifestyle the elderly are able to enjoy a better quality of life with less care.

Now let’s take a look at the normal living standards of the elderly based on retirement home life. Most people agree that retirement homes aren’t a great place to live. That’s why most of us try to avoid them until we have no other choice. And families that can afford it usually opt for an in home nurse rather than a retirement home. It’s not uncommon to hear about the abuses that can happen some of these places. “because elder abuse is underreported”…“There are no official national statistics on how many older people are mistreated physically, emotionally or financially” (Beamish, 2015). With this lack of information, “Some researchers estimate that as many as one in 10 people over 60 is abused. That figure does not include financial exploitation, which costs victims at least $2.9 billion a year, according to MetLife (Beamish, 2015).

This is not very surprising since a lot of these facilities are underfunded, understaffed, and overcrowded. This means the retirement homes hire anyone willing to work for the pay they can offer. A lot of times these are people who can’t get jobs elsewhere. This is partly because of the massive cost associated with caring for the elderly. For instance, “in Sacramento, California, private hospitals paid $25,000 each for county-assigned social workers to assist seniors at risk of abuse or neglect” (Beamish, 2015). This makes doctors more inclined to over medicate patients so they are to sedated to realize or object to the conditions they are subjected to. No one wants to live like this when there are better options available.

By living independently and doing more things for themselves those in need of daily care are able to live brighter more fulfilled lives. Learning centers with lots of activities offer great ways for the elderly to find new hobbies and keep their mental faculties functioning. We feel assisted living communities that allow you to live in your own house should provide social outlet that improve the quality of their patient’s life. “Independent-living situations often prolong an active lifestyle and push back the need for assisted living by several years” (Martin, 2015). This means that by living a more active life style the elderly are helping themselves and cutting down cost to support their life style. Studies have shown that, “Independent-living options offer more opportunities to maintain an active lifestyle than when the aging parents stay in their own home” (Martin, 2015). This is because assisted living communities are geared toward the needs of the elderly. Whereas a normal neighborhood is setup to support kids and middle aged parents. A normal neighborhoods park includes things like basketball courts, swings, and jungle gyms. Elderly communities should have golf courses, fishing ponds, parks with benches in the shade, and nice views that can be enjoyed everywhere you look.

And now you have gotten to a point where you need help with some daily activities and it is time to look for an assisted living center. You could go to a place that looks like a prison with small apartments and lots of rules, restrictions, plus a lack of choices. Or you could live your life with dignity in your own home, get high quality assistance without restrictions or the lack of choice that retirement homes offer and enjoy the freedom of your golden years.

At our assisted living community you can have it all. We are a community that helps you maintain your dignity and be as self-sufficient as you want. There is staff on call at all times to assist with any issues that might come up, from helping you carry groceries to medical emergencies. An EMT and ambulance are always on call and waiting at the community center in case of an accident. And we know how important family is, that’s why we have spare house's that can be reserved for a week at a time when family is in town visiting and you don’t want them cluttering up your house. Our close knit community includes a library, public gym, pool, golf course, and a pond stocked with fish. The community center has interesting craft and cooking lessons to keep everyone active and engaged. We also have game rooms for bingo and bridge. You will have ownership of the house you live in, which you are free to customize and change as you like. This also means you own something of value that can be left to your family. Lawn service, basic house maintenance, TV, phone, and internet services are included in the homeowners fees. And since all of these perks are bundled into the living community we are able to negotiate a better deal for all of our residence. We also have a shopping center in the front of the community center that has all the commonly needed supplies nearby so that you don’t have to drive far and delivery service if you don’t want to drive at all.

Everyone gets old and needs help at some point in their life, but that doesn’t mean they don’t matter anymore. Being locked away in a retirement home with little outside interaction is like a prison for the elderly. By contrast living in their home with assistance allows the later years to be far more meaningful. Because of this we want to invite you to live out your golden years in glory. Come visit our community and see how grand your life can be. For more information on our moderately priced cozy neighborhoods please visit our website or call us, because everyone should spend their retirement in luxury and still have something to leave their kids.

**References**

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